



BFM-STORC Baby Food Storage Containers

Before First Use:

1. Rinse all accessories thoroughly with warm soapy water then dry.

Food Storage:

1. Unit contains 6 storage containers and each container holds 2.5 ounces of baby food.
2. Remove the lid of each container by lifting up on the tab of the lid.
3. Pour baby food into each container then secure the lids back into place.
4. Stack the containers on top of the storage base- 3 to each side. To lock the containers in place insert the steam rack on top and twist to lock.

Note: Storage containers are refrigerator, freezer and top rack dishwasher safe. Safe refrigeration and freezer times vary by the type of food. Always follow safe food storage and handling guidelines.



Tips & Hints

- Do not save any food that your baby or the serving spoon has touched.
- Throw away any food that has been left standing outside of a refrigerator for more than 2 hours.
- Be sure to use up any baby food that is stored in refrigerator within 2-3 days.
- Do not refreeze previously frozen foods.

Food Reheating/Defrosting:

1. Lift cover of BFM-1000C and remove lid and blade from the Baby Food Maker bowl.

Caution: The cutting blade has very sharp edges. Remove carefully and keep out of reach from children.

2. Pour the recommended amount (see chart on the next page) of water into the steam/bottle warming chamber and replace the measuring cup back into the chamber.



Chart for frozen food

Number of Containers	Amount of Water ML
1	80
2	100
3	100
4	100

Average cycle time 10-12 mins

Chart for refrigerated food

Number of Containers	Amount of Water ML
1	40
2	40
3	40
4	40

Average cycle time 5-6 mins

3. Remove the steam rack from the top of the food storage containers and place it into the bowl. Place desired amount of storage containers (1-4) onto the steam rack in the bowl and replace the bowl lid.
4. Lower the cover and press down firmly to lock. Turn the dial to STEAM.

Note: When reheating/defrosting allow the containers and bowl to cool for 5 minutes before removing the storage containers.

5. Stir the food to distribute the heated contents before checking the temperature.

Note: Storage containers can also be reheated in the microwave.

Note: Always test the temperature of the food before feeding baby.

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